



The Villages®
Running
Club

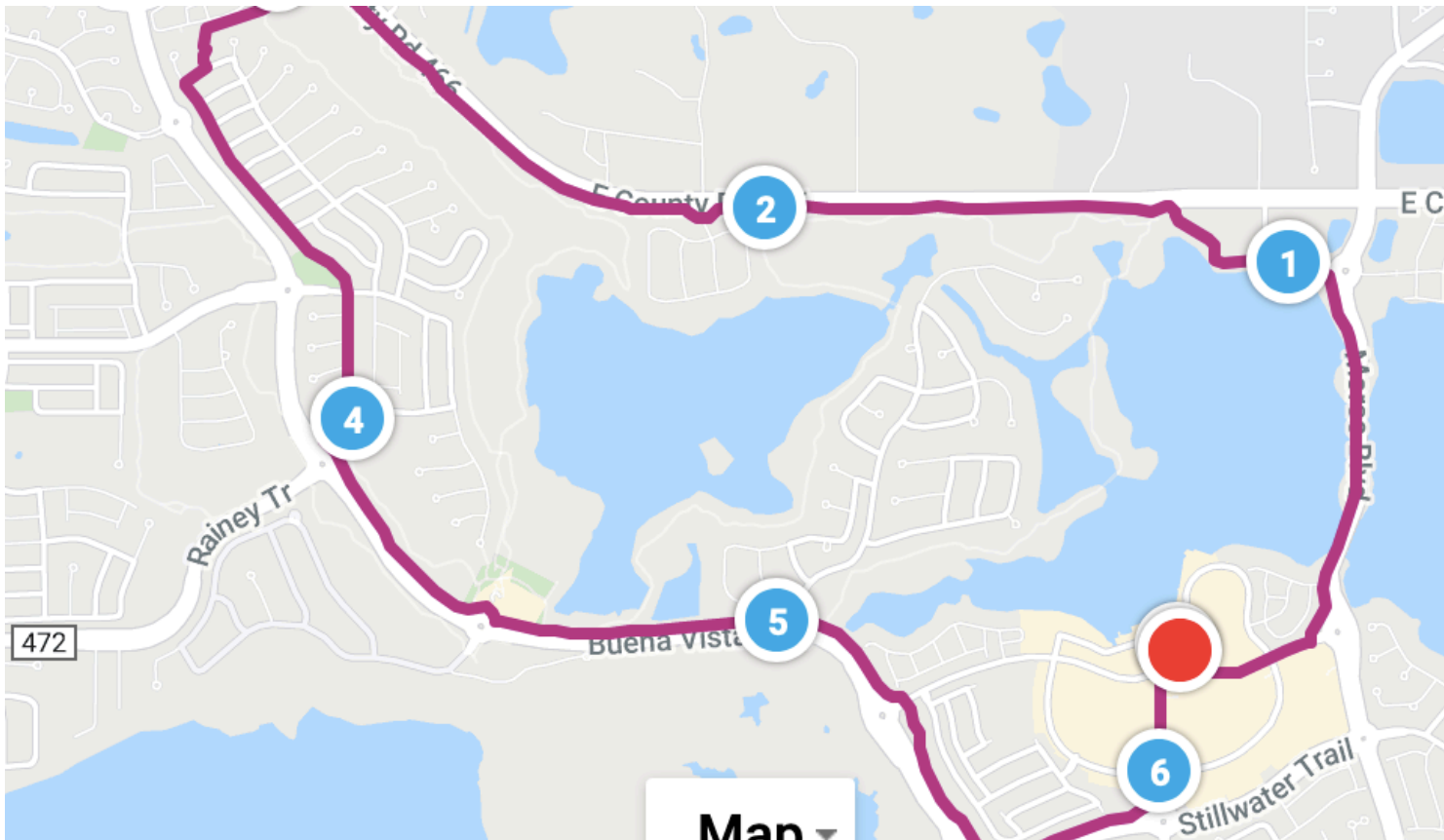


THE VILLAGES RUNNING CLUB
Celebrate the joy of running!

The Villages Running
Club

Weekly Runs

Tuesday – 6 Mile Loop



- Start – Lake Sumter Square
- End – Lake Sumter Square
- Variations to add or subtract
- Check with running club members

Thursday Run with Hills

Repeats on Gayle Mill Drive
between mile 2 and 3

- Run Repeats

Head to Stillwater – right on Odell

Hills on Gayle Mill Drive

Return on Morse to Lake Sumter

